

PE Scheme of work - 2023/24

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|----------------------------|----------------------|-----------------------|---------------|-----------------------|---------------------|
| Nursery | Introduction to PE: Unit 1 | Fundamentals: Unit 1 | Gymnastics: Unit 1 | Dance: Unit 1 | Games: Unit 1 | Ball Skills: Unit 1 |
| Reception | Introduction to PE: Unit 2 | Fundamentals: Unit 2 | Gymnastics: Unit 2 | Dance: Unit 2 | Games: Unit 2 | Ball Skills: Unit 2 |
| Year 1 | Ball Skills | Invasion | Sending and Receiving | Net and Wall | Striking and Fielding | Athletics |
| | Fundamentals | Dance | Gymnastics | Dance | Gymnastics | Team Building |
| Year 2 | Ball Skills | Invasion | Sending and Receiving | Net and Wall | Striking and Fielding | Athletics |
| | Fundamentals | Dance | Gymnastics | Dance | Gymnastics | Team Building |
| Year 3 | Ball Skills Y3/4 | Netball | Football | Tennis | Rounders | Athletics |
| | Fundamentals | Dance | Gymnastics | Cricket | Gymnastics | Dance |
| Year 4 | Fitness | Football | Gymnastics | Tennis | Dance | Athletics |
| | Swimming | Swimming | Swimming | Swimming | Swimming | Swimming |
| Year 5 | Fitness | Netball | Hockey | Handball | Rounders | Athletics |
| | Gymnastics | Dance | Gymnastics | Cricket | Tennis | Dance |
| Year 6 | Tag Rugby | Tag Rugby | Football | Basketball | Tennis | Athletics |
| | Gymnastics | Gymnastics | Fitness | Fitness | Dance | Dance |